## REDUCTION OF THE FERTILIZING CAPACITY OF SEA URCHIN SPERM BY CANNABINOIDS DERIVED FROM MARIHUANA

# III. ACTIVATION OF PHOSPHOLIPASE $A_2$ IN SPERM HOMOGENATE BY $\Delta^9$ -TETRAHYDROCANNABINOL

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Abstract—Inhibition of the egg jelly induced acrosome reaction by  $\Delta^9$ -tetrahydrocannabinol (THC) is associated with the localized disruption of the nuclear envelope and the formation of lipid deposits in sea urchin sperm. This suggests that THC may activate phospholipase(s) within the sperm. We now report effects of THC on phospholipase  $A_2$  activity in homogenates of sea urchin sperm using 1-stearoyl-2-[1-14C]arachidonyl phosphatidylcholine as substrate. The release of radioactive arachidonic acid was measured after a 30-min incubation with the enzyme. In the absence of exogenous  $Ca^{2+}$ ,  $100\,\mu$ M THC produced a significant (P < 0.001) increase in phospholipase  $A_2$  activity. THC activated phospholipase  $A_2$  in a concentration (1-100  $\mu$ M) and time-dependent (0-30 min) manner. Exogenous calcium (10 mM) significantly augmented basal (P < 0.001) and THC-stimulated (P < 0.005) phospholipase  $A_2$  activity. Calcium chelators [ethylene glycol bis( $\beta$ -aminoethyl ether)N, N, N, N-tetraacetic acid (EGTA) and 1,2-bis(O-aminophenoxy)ethane-N, N, N, N-tetraacetic acid (BAPTA)] inhibited the basal level of phospholipase  $A_2$  activity in the sperm homogenate, and prevented the activation of phospholipase  $A_2$  by THC. Submicromolar levels of free calcium ions were required for THC stimulation of phospholipase  $A_2$  in sperm homogenate. These results suggest that THC may alter lipid metabolism in sperm by activating calcium-dependent phospholipase  $A_2$ . Putative metabolites derived from this process may inhibit the acrosome reaction and thereby reduce the fertilizing capacity of sea urchin sperm.

 $\Delta^9$ -Tetrahydrocannabinol (THC) is the major psychoactive cannabinoid extracted from marihuana [1]. THC affects cellular function by reacting with a specific receptor [2-4] and/or by perturbing the structure of membrane lipids [5, 6]. We are using sea urchin gametes as an in vitro model system to study the direct effects of THC on fertilization. THC  $(0.1 \text{ to } 100 \,\mu\text{M})$  inhibits fertilization in the sea urchin Strongylocentrotus purpuratus by reducing the fertilizing capacity of sperm [7]. The motility of THC-treated sperm is not impaired. THC reduces the fertilizing capacity of sperm by blocking the acrosome reaction that normally is stimulated by a specific ligand in the jelly coat of the egg [8]. The acrosome reaction involves exocytosis of the acrosomal granule at the apex of the sperm head. This secretory process exposes the sperm membrane that will attach to and fuse with the egg [9-11]. Ultrastructural studies of THC-treated sperm reveal that blockade of the acrosome reaction is associated with the localized disruption of the nuclear envelope and the formation of lipid deposits within the subacrosomal and centriolar fossae [12]. These morphological observations suggest that THC alters

lipid metabolism within the sperm. Cannabinoids activate phospholipase  $A_2$  activity and promote the release of arachidonic acid from membrane phospholipids in a variety of mammalian somatic cells [13–18]. Sea urchin sperm are known to contain phospholipase  $A_2$  activity [19–22]. We now report that the addition of THC to homogenate of sea urchin sperm activates phospholipase  $A_2$  activity assayed using phosphatidylcholine labeled with radioactive arachidonic acid in the second acyl position as substrate.

### METHODS

Sea urchins (S. purpuratus and Lytechinus pictus) were obtained from Pacific BioMarine Laboratories (Venice, CA). Sperm were collected and assayed for their viability as described previously [7]. Sperm (200  $\mu$ L) were sonicated (Kontes Cell Disrupter at a setting of 2.5 [3.3 total W] for 20 sec) in 250  $\mu$ L of ice-cold 0.3 M sucrose in 10 mM HEPES buffer at pH7.4. The protein concentration of the homogenate was determined using the bicinchoninic acid assay [23].

THC and cannabinol (CBN) were provided by the National Institute of Drug Abuse. The cannabinoids were dissolved in 95% ethanol to a concentration of 200 mg/mL. Propylene glycol was used as the

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secondary solvent to prepare working solutions of THC in sucrose–HEPES buffer [7]. Vehicle (solvent) controls contained equivalent amounts of ethanol and propylene glycol in buffered sucrose.

Phospholipase A<sub>2</sub> activity was determined using 1-stearoyl-2-[1-14C]arachidonyl phosphatidylcholine ([14C]PC) as substrate (sp. act, 56 mCi/mmol). The substrate was dried by evaporation under argon, and then dispersed by sonication into 0.5 M Tris at pH 8.0. THC or vehicle was added to the sperm homogenate (100  $\mu$ g protein) in sucrose-HEPES. The enzyme reaction was started by addition of substrate (50  $\mu$ L) to the mixture (0.02  $\mu$ Ci radiolabeled phosphatidylcholine, 125 mM Tris buffer, pH 8.0, in a final total volume of 200 μL) at 17°. The reaction was stopped by the addition of  $3.0 \,\mathrm{mL}$  chloroform: methanol (1:2,  $\mathrm{v/v}$ ) for extraction of lipids, and then washed with 1.5 mL distilled water, 1.0 mL chloroform and 100  $\mu$ L of 1N HCl. The lower phase, containing the extracted lipids was removed, dried under nitrogen gas, redissolved in chloroform: methanol, and applied as a spot onto activated silica gel G coated plates. The separation of free arachidonic acid from the other lipid constituents was carried out by TLC using the solvent system of petroleum ether: diethyl ether: acetic acid (30:20:0.5, by vol.). To separate lysophospholipids from the radioactive substrate, the TLC plates were dried and then re-developed using the solvent system of chloroform: methanol: acetic acid: distilled water (30:25:7.5:0.75, by vol.). Lipid spots were visualized by exposing the dried plate to iodine vapor and/or X-ray film, and identified by comparison with known standards (phosphatidylcholine, arachidonic acid, lysoand diolein phosphatidylcholine, di-glyfor cerides). The lipid fractions were removed from the plate and assayed for radioactivity by scintillation spectrometry [18, 24]. Total recovery of radioactivity was  $96.6 \pm 3.0\%$ .

Calcium buffers using 1,2-bis(O-aminophenoxy)-ethane-N,N,N',N'-tetraacetic acid (BAPTA) as chelating ligand were used to regulate the concentration of free calcium [Ca<sup>2+</sup>] in the phospholipase assay [25]. Estimates of [Ca<sup>2+</sup>] in our Ca<sup>2+</sup>-BAPTA buffers were calculated using the apparent calcium affinity constant ( $K'_{\text{Ca}}$ ) for the ligand according to the quadratic equation:

$$[Ca^{2+}]^2 \cdot K'_{Ca} + [Ca^{2+}] \cdot \{1 + K'_{Ca}([Ligand_T] - [Ca_T])\} - [Ca_T] = 0$$

where  $a = K'_{Ca}$ ,  $b = \{1 + K'_{Ca}([Ligand_T] - [Ca_T])\}$  and  $c = -[Ca_T]$  with a, b, and c having their usual meaning [25]; T = total. For this calculation we used  $K'_{Ca} = 1 \times 10^6 \, M^{-1}$ . This apparent affinity constant value was determined experimentally at pH 7.0 at 22° at an ionic strength of 0.1 [25]. It is the closest measured  $K'_{Ca}$  value to the conditions employed in this study. Any extrapolation below 0.1 M ionic strength probably would cause a larger error (log  $K'_{Ca} = 6.97$  from a linear curve to log  $K'_{Ca} = 26.07$  from a power curve, coefficient of regression = 0.93 and 0.98, respectively) than using the value actually measured at 0.1 M. Our calculations indicate that  $K'_{Ca}$  does not change significantly at 17° compared

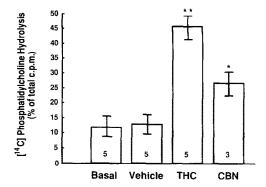


Fig. 1. Stimulation of phospholipase  $A_2$  activity in sea urchin (*S. purpuratus*) sperm homogenate by THC and CBN. [1<sup>4</sup>C]Arachidonic acid release from 1-stearoyl-2-[1-<sup>14</sup>C]arachidonyl phosphatidylcholine was determined after a 30-min incubation (17°) with homogenate in buffer (basal), vehicle, THC (100  $\mu$ M) or CBN (100  $\mu$ M), as indicated. [1<sup>4</sup>C]Arachidonic acid was isolated by TLC. Values are the means  $\pm$  SEM for the number of determinations shown at the base of each bar. Key: (\*) P < 0.05, and (\*\*) P < 0.001 compared to vehicle-treated control values, as determined by Student's *t*-test.

to  $22^{\circ}$  (log  $K_{\text{Ca}}$  5.96 vs 6.0, respectively) using equations to compensate for temperature effects [25].

The lipid standards were obtained from Serdary Research Laboratories (London, Ontario, Canada). Ethylene glycol bis ( $\beta$ -aminoethyl ether)N,N,N', N'-tetraacetic acid (EGTA), Tris, and HEPES were obtained from the Sigma Chemical Co. (St. Louis, MO). Radiolabeled phosphatidylcholine was purchased from Amersham (Arlington Heights, IL), BAPTA was obtained from Calbiochem (San Diego, CA), bicinchoninic acid (BCA reagent) was purchased from Pierce (Rockford, IL), and TLC plates were obtained from Whatman (Kent, U.K.).

Data shown are mean values ± SEM for N number of experiments. For each experiment, sperm were pooled from at least three males. The statistical significance of the data was evaluated using Student's *t*-test and tests for analysis of variance (ANOVA) [26].

#### RESULTS

In previous studies we showed that maximal inhibition of the acrosome reaction is obtained with cannabinoids at a concentration of  $100~\mu\mathrm{M}$ , and the adverse effects of cannabinoids on the acrosome reaction and sperm-fertilizing capacity are reversible [8, 12]. Based upon these findings, we used  $100~\mu\mathrm{M}$  cannabinoid in this study.

Incubation of *S. purpuratus* sperm homogenate with [ $^{14}$ C]PC resulted in the release of  $12.2 \pm 3.2\%$  (N = 5) of [ $^{14}$ C]arachidonic acid from the substrate (Fig. 1), indicating the presence of phospholipase  $A_2$  activity. Radioactive hydrolysis product liberated from the substrate was quantitatively recovered in the arachidonic acid fraction (97.3 ± 3.2%), suggesting little or no hydrolysis of [ $^{14}$ C]PC by

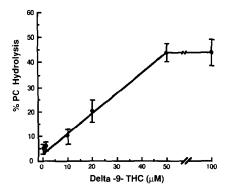


Fig. 2. Activation of phospholipase  $A_2$  activity in sea urchin (S. purpuratus) sperm homogenate by THC (1–100  $\mu$ M). Free arachidonic acid was assayed after a 30-min incubation with sperm homogenate at 17°. Coefficient of regression between 1 and 50  $\mu$ M THC: 0.99. Rates of hydrolysis for 10–100  $\mu$ M THC were statistically significant (P < 0.05 to P < 0.002 according to Student's *t*-test) compared to the basal rate in the absence of THC. Values are the means  $\pm$  SEM for 4 experiments.

hydrolytic enzymes other than phospholipase  $A_2$ . Less than 1.0% of the radioactivity was recovered in the lysophosphatidylcholine and diglyceride fractions. Substrate hydrolysis in the absence of homogenate was less than 0.3%.

The addition of THC to the sperm homogenate stimulated phospholipase  $A_2$  activity, as evidenced by a significant increase in [ $^{14}$ C]arachidonic acid levels (Fig. 1), but no change in [ $^{14}$ C]diglyceride or [ $^{14}$ C]lysophosphatidylcholine levels (data not shown). Phospholipase  $A_2$  activity was increased 3-fold with  $100\,\mu\text{M}$  THC, whereas the vehicle did not affect enzyme activity. The effect of THC on phospholipase  $A_2$  was concentration and time dependent (Figs. 2 and 3). The hydrolysis of [ $^{14}$ C] PC increased in a linear manner with increasing THC concentrations ( $1{\text -}50\,\mu\text{M}$ ) (Fig. 2). THC-treated sperm homogenate [ $^{14}$ C]PC hydrolysis was consistently elevated throughout the 30-min incubation (Fig. 3). Another cannabinoid, CBN, which mimics the effects of THC on sperm-fertilizing capacity, the acrosome reaction, and sperm ultrastructure [7, 8, 12], also stimulated phospholipase  $A_2$  activity in sperm homogenate (Fig. 1).

Phospholipase  $A_2$  in somatic cells is a  $Ca^{2+}$ -dependent enzyme [27]. In the experiments described above, the maximum total calcium carried over into the assay with the homogenate was  $8.2 \pm 0.5 \,\mu\text{M}$  based upon the calcium concentration in seminal plasma [28]. When exogenous  $Ca^{2+}$  (10 mM) was added to the vehicle-treated homogenate, phospholipase  $A_2$  activity was increased by more than 5-fold (P < 0.001) (Table 1). The addition of exogenous  $Ca^{2+}$  also significantly augmented phospholipase  $A_2$  activity in the presence of THC (P < 0.005). In the presence of 10 mM  $Ca^{2+}$ , [14C] PC hydrolysis was not different for control sperm homogenate and THC-supplemented homogenate.

The role of calcium in supporting phospholipase

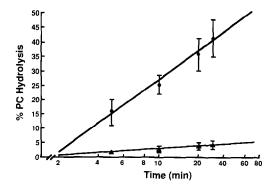


Fig. 3. Time dependence of phospholipase  $A_2$  activity following addition of THC  $(100\,\mu\text{M})$  to sperm  $(S.\ purpuratus)$  homogenate. Key: THC  $(\bullet)$ , and vehicle  $(\blacktriangle)$ . Coefficient of regression for THC: 1.0. Curves for THC and vehicle were significantly different (P < 0.025) based on ANOVA. Values are the means  $\pm$  SEM for 4 experiments.

A<sub>2</sub> activity also was studied using calcium chelators. EGTA is a chelator with a high specificity for calcium compared to other divalent cations [29]. Addition of EGTA to chelate endogenous calcium resulted in the complete inhibition of the basal and the THCstimulated phospholipase  $A_2$  activity in homogenate of S. purpuratus sperm (Table 1). Calcium buffers were employed to further define the calcium requirement for the THC-stimulated phospholipase A<sub>2</sub> in sperm. We used BAPTA for these experiments because its affinity for calcium is not sensitive to changes in pH between 7 and 8, whereas EGTA exhibits an appreciable pH sensitivity over this range [25]. Results obtained with Ca<sup>2+</sup>-BAPTA buffers show that submicromolar levels of free calcium ions were required for THC stimulation of phospholipase  $A_2$  in homogenate of L. pictus sperm (Fig. 4). Addition of BAPTA (1 mM) to chelate endogenous calcium completely inhibited the basal and the THCstimulated phospholipase A2 in L. pictus sperm homogenate (Table 2). In the absence of BAPTA, maximal THC-stimulated phospholipase A2 activity was obtained with 1 and 10 mM exogenous calcium. Taken together these findings show that the THCstimulated phospholipase A2 in sea urchin sperm is a calcium-dependent enzyme.

#### DISCUSSION

Our findings show that THC and CBN activated phospholipase A<sub>2</sub> in homogenate of sea urchin sperm. The TLC assay that we employed was designed to detect radioactive hydrolysis products released by the actions of phospholipase A<sub>2</sub> on phosphatidylcholine with [14C]arachidonic acid in the second acyl position ([14C]PC). Over 97% of the radioactivity released from the substrate was recovered in the arachidonic acid fractions. This finding is consistent with the expected action of phospholipase A<sub>2</sub>. Arachidonic acid also can be released from the second acyl position of phospholipids by the sequential actions of phospholipids

Table 1. Effect of EGTA on stimulation of phospholipase A <sub>2</sub> activity in sea urchin (S. purpuratus)
sperm homogenate by 100 $\mu$ M THC

Added calcium (10 mM)	EGTA (1 mM)	Phosphatidylcholine hydrolysis (%)		
		THC	Vehicle	% Increase (THC/vehicle)
	_	$41.4 \pm 4.2$	$10.0 \pm 2.0$	$406.9 \pm 88.3$
_	+	$0.2 \pm 0.02$	$0.2 \pm 0.02$	$50.0 \pm 22.4$
		(P < 0.001)	(P < 0.01)	
+	_	$68.0 \pm 5.4$	$58.9 \pm 7.7$	$37.2 \pm 26.3$
+	+	$64.6 \pm 9.1$	$46.7 \pm 9.7$	$56.8 \pm 27.6$
		(P > 0.7)	(P > 0.3)	

P values in parentheses were calculated by Student's *t*-test comparing PC hydrolysis for -EGTA (N = 10) vs +EGTA (N = 5) in THC and vehicle. Values are means  $\pm$  SEM for the indicated number of experiments.

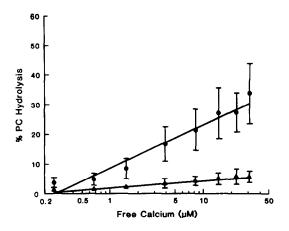


Fig. 4. Effect of free calcium on THC (100 μM) stimulated phospholipase A₂ activity in sea urchin (*L. pictus*) sperm homogenate using Ca²+-BAPTA buffers. Free calcium concentration was calculated as described in the Methods. The buffer solutions contained 1 mM BAPTA plus 0.2, 0.4, 0.6, 0.8, 0.9, 0.95, 0.98 or 1.0 mM added calcium. Key: THC (♠), and vehicle (♠). Coefficient of regression for THC was 0.96 and 0.97 for vehicle. Curves for THC and vehicle were significantly different (P < 0.005) based on ANOVA. Values are the means ± SEM for 5 experiments.

pholipase A<sub>1</sub> and lysophospholipase, or by phospholipase C and diacylglycerol lipase [30]. The absence of significant radioactivity within the lysophosphatidylcholine fractions indicates that the phospholipase A<sub>1</sub> pathway is not operative. This observation is consistent with previous studies on phospholipase A<sub>2</sub> in sperm of other species of sea urchins [21, 22] as well as in human sperm [30]. The absence of radioactivity within the diglyceride fractions shows that phospholipase C, which is present in sea urchin sperm [31], does not hydrolyze <sup>14</sup>C]PC. We have not ruled out the possibility that under appropriate conditions using a preferred substrate such as phosphosphatidylinositol that THC also might affect phospholipase C activity. The THCstimulated phospholipase A<sub>2</sub> activity was augmented by addition of exogenous calcium, and suppressed by addition of calcium chelators: EGTA and BAPTA. Submicromolar levels of free calcium ions were required for THC activation of the enzyme. THC may affect the free calcium levels in the system, or alter the availability of calcium necessary for the enzyme-substrate reaction. An increase in phospholipase A2 activity may account for the localized disruption of the nuclear envelope and accumulation of lipid deposits in sea urchin sperm associated with the blockade of the acrosome reaction by cannabinoids [8, 12].

Table 2. Effect of BAPTA on stimulation of phospholipase  $A_2$  activity in sea urchin (*L. pictus*) sperm homogenate by  $100 \,\mu\text{M}$  THC

Added		Phosphatidylcholine hydrolysis (%)			
calcium (mM)	BAPTA (1 mM)	N	THC	Vehicle	% Increase (THC/Vehicle)
0.0	_	8	$53.5 \pm 4.6$	$21.6 \pm 4.7$	$258.3 \pm 86.2$
0.0	+	8	$1.7 \pm 0.7$ (P < 0.001)	$0.9 \pm 1.1$ (P < 0.001)	$133.8 \pm 37.0$
1.0	_	6	$64.4 \pm 1.8^{'}$	$42.5 \pm 7.2$	$96.8 \pm 55.6$
1.0	+	4	$34.0 \pm 10.3$ (P < 0.01)	$5.6 \pm 3.8$ (P > 0.005)	$594.6 \pm 241.1$
10.0	_	8	$64.6 \pm 1.8$ [P > 0.7]	$43.7 \pm 5.3$ [P > 0.8]	$65.4 \pm 20.6$

P values in parentheses were calculated by Student's t-test comparing PC hydrolysis for -BAPTA vs +BAPTA in THC and vehicle. P values in brackets were calculated comparing PC hydrolysis for 1.0 mM vs 10.0 mM added calcium in THC and vehicle. Values are means  $\pm$  SEM for the indicated number of experiments.

Arachidonic acid released from cellular membranes by phospholipase A2 can be oxidized enzymatically by cells to generate highly potent membrane permeable bioregulatory metabolites (prostaglandins, thromboxanes, leukotrienes, hydroxyeicosatetraenoic acids, epoxides) through the arachidonic acid cascade [27, 32, 33]. THC and other cannabinoids activate the arachidonic acid cascade in mammalian somatic cells, and this may be a common cellular mechanism for promoting the diverse biological effects of cannabinoids [13-17, 34-38]. Based upon our observations and evidence in the literature, we postulate that enhanced generation of arachidonic acid metabolites caused by THC may be responsible in part for inhibition of the acrosome reaction which reduces the capacity of sperm to fertilize eggs. This hypothesis is consistent with previous studies implicating the arachidonic acid cascade in modulating gamete interactions during fertilization [39-41]. Future studies are required to identify arachidonic acid derived metabolites that may be produced in sea urchin sperm.

The acrosome reaction in sea urchin [9–11] and mammalian [42] sperm is a ligand-stimulated exocyotic event. It is possible that THC and other cannabinoids may affect this process during fertilization in humans. It is interesting to note that the receptors which trigger the acrosome reaction in mammalian and invertebrate sperm [43], the activation of phospholipase  $A_2$  in somatic cells [27, 44, 45], and cannabinoids in the brain [2] are G-protein-coupled. Receptors may also mediate the effects of THC on sperm phospholipase  $A_2$  [this study], ultrastructure [12], acrosome reaction [8], and fertilizing capacity [7, 8]. Alternatively, THC may activate phospholipase  $A_2$  by altering the fluidity of membrane lipids [5, 6], and the accessibility of the enzyme to its substrate and/or cation.

THC blocks the ligand (egg jelly)-stimulated acrosome reaction in sea urchin sperm. However, it does not inhibit the acrosome reaction induced by ionophores such as ionomycin [8]. This suggests that THC affects an event(s) in the stimulation-secretioncoupling mechanism of the sperm. THC similarly inhibits secretion in the exocrine pancreas by affecting signal transduction [46]. In both cases the THC-stimulated increase in free arachidonic acid may be related to the formation of a metabolite(s) that acts as a second messenger to block signal transduction. In the future it would be useful to extend these studies to intact sperm cells, isolated organelles, and membrane fractions to further define the physiological role of the THC-stimulated phospholipase A<sub>2</sub> in modulating the acrosome reaction. Elucidation of the mechanisms responsible for the THC-induced blockade of the acrosome reaction in sea urchins may contribute to our understanding of how cannabinoids affect cellular regulation in other systems.

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